physical education, health education and physical activity must be based on the most current state standards provided by the State Department of Education. Each local school Board shall, consistent with regulations adopted by the State Board of Education, adopt a school wellness plan which shall promote . Beginning with the 2008-2009 school year,

the school wellness plan shall also promote increased physical activity, healthy eating habits and abstinence from the use of tobacco and illegal drugs through programs that incorporate healthy lifestyle choices

Health.

accordance with state law, the board will establish and support a local health council in each school that addresses all aspects of a coordinated school health program, including the wellness policy.

This policy will be reviewed annually.

SOURCE: Jackson Public School District, Jackson, Mississippi